



**Stanford is an insulated and comfortable little world unto its own. It is isolated from the surrounding communities of Palo Alto, Menlo Park and Woodside by acres of trees. Hence the nickname: “The Farm”. If you spend all of your time on the Stanford Campus while you are attending the University you will become comfortable, isolated, and you will kick yourself later for missing an opportunity to explore the San Francisco Bay Area.**

**When someone says “the City” they mean San Francisco. It is not clear to them (and us) why this causes confusion with you out-of-town folks. There is only one City.**

**If you call Palo Alto a “College Town” be prepared for a fight. No one who lives in PA accepts that label, they hate it. And Stanford is a University, not a College, so expect to get harassed by a student as well. Just don’t do it.**

**Places to get Stuff:**

1) Target  
555 Showers Dr, Mountain View

2) IKEA  
1700 E. Bayshore Rd, East Palo Alto

3) Walmart  
600 Showers Dr, Mountain View

**Quick Oil Change:**

4) Jiffy-Loob  
4201 Middlefield Rd, Palo Alto  
or  
4195 El Camino Real, Palo Alto

**Places to get Groceries:**

5) Safeway  
525 El Camino, Palo Alto  
or  
525 El Camino Real, Menlo Park

6) Andronico’s (posh super market)  
500 Stanford Shopping Ctr, Palo Alto

7) Whole Foods (think organic...)  
774 Emerson St, Palo Alto

8) Mollie Stone’s (another posh market)  
164 S California Ave, Palo Alto

9) Milk Pail (great cheap/organic food)  
2585 California St, Mountain View

**Drug Stores:**

10) Longs Drugs  
352 University Ave, Palo Alto

11) Walgreens  
300 University Ave, Palo Alto

**Places to get construction supplies:**

12) Home Depot  
1781 E Bayshore Rd, East Palo Alto

13) Palo Alto (Ace) Hardware  
875 Alma St, Palo Alto

**Bulk Food/things**

14) CostCo (find someone with a membership card)  
1000 N Rengstorff Ave, Mountain View

**Medical Help:**

15) Stanford University Hospital  
300 Pasteur Dr # R105b, Palo Alto

16) Kaiser Hospital  
1150 Veterans Blvd, Redwood City  
or  
555 Castro St, Mountain View

**Must Visit Eats**

**Recommended by Bill:**

17) Alpine Inn (Zott’s)  
3915 Alpine Road, Portola Valley.  
Hours: Mon-Sat 11:30 a.m.-10:30 p.m.;  
Sun 11:30 a.m.-6 p.m.. Call 650-854-4004.

18) The Dutch Goose, The “Goose” (Hot food and sandwiches served until 11pm)  
3567 Alameda de las Pulgas, Menlo Park.  
Hours: Sun-Thu 11 a.m.-midnight; Fri-Sat 11-2 a.m.. Call 650-854-3245.

19) The Oasis, The “O” (for fries and beer)  
241 El Camino Real, Menlo Park

**Fast Food:**

20) In-and-Out  
1159 N Rengstorff Ave, Mountain View

All other fast food -  
drive up and down El Camino